

June

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

2

3

4

5

6

7

8

Weightroom
2:30-4:00

9

10

Weightroom
2:30-4:00

11

Weightroom
2:30-4:00

12

13

14

15

Final Exams
Weightroom is open
12:30-2:00 pm

16

Final Exams

17

Weightroom
12:30-2:00 pm
7 on 7 @Rustin
Leave PHS 5:30 pm

18

Weightroom
12:30-2:00 pm

19

20

21

22

Weightroom
8:30-10:00AM
4:00-6:00 PM

23

24

Weightroom
8:30-10:00AM
4:00-6:00 PM
11 on 11 Glen Mills
Leave PHS 5:30 pm

25

Weightroom
8:30-10:00AM
4:00-6:00 PM

26

27

28

29

Weightroom
8:30-10:00AM
4:00-6:00 PM

30

2009

July

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1 Weightroom 8:30-10:00AM 4:00-6:00 PM 7 on 7 Arcb. Carroll Home Be here 5:30pm	2 Weightroom 8:30-10:00AM 4:00-6:00 PM	3	4
5	6 Weightroom 8:30-10:00AM 4:00-6:00 PM	7	8 Weightroom 8:30-10:00AM 4:00-6:00 PM 7 on 7 Sun Valley Home Be here 5:30	9 Weightroom 8:30-10:00AM 4:00-6:00 PM	10	11
12	13 Weightroom 8:30-10:00AM 4:00-6:00 PM	14	15 Weightroom 8:30-10:00AM 4:00-6:00 PM 11 on 11 Glen Mills Leave PHS at 5:30pm	16 Weightroom 8:30-10:00AM 4:00-6:00 PM	17	18
19	20 Weightroom 8:30-10:00AM 4:00-6:00 PM	21	22 Weightroom 8:30-10:00AM 4:00-6:00 PM 7 on 7 @Sun Valley Leave PHS at 5:30pm	23 Weightroom 8:30-10:00AM 4:00-6:00 PM	24	25 Depart for Team Camp West Chester ETD 9:00AM
26 Team Camp WCU	27 Team Camp WCU	28 Return from Team Camp WCU ETA 1:00PM	29 Weightroom 8:30-10:00AM 4:00-6:00 PM	30 Weightroom 8:30-10:00AM 4:00-6:00 PM	31	

2009

August

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

2

3

Weightroom
8:30-10:00AM
4:00-6:00 PM

4

5

Weightroom
8:30-10:00AM
4:00-6:00 PM

6

7

Weightroom
8:30-10:00AM
4:00-6:00 PM

8

9

OFF

10

OFF

11

OFF

12

OFF

13

OFF

14

15

16

17

FIRST DAY of FALL
PRACTICE
Report to PHS
7:30AM

18

19

20

21

22

West Chester East
Scrimmage
Home

23

24

25

26

27

28

Unionville
Scrimmage
AWAY

29

30

31

2009